



NAMASTE HIMALAYA
Activity Outdoors

KAURI PASS



Trek



Name : Kauri Pass Trek

Duration : 5N/6D

Start / End Point:

Rishikesh/Haridwar



Overview

Kuari Pass is one of the most well-known and accessible treks in India. This trek is situated in Uttarakhand's Garhwal Himalayas. The Trek is also known as the "Lord Curzon Trail." This beautiful trek is perfect for beginner and experienced trekkers who want to take in the natural beauty of the Himalayas without having to struggle with the excessive altitude or difficulty.

It offers the beautiful scenery of the highest peaks, including Nanda Devi, Kamet, Dronagiri, and Trishul — all without pushing your limits.

➤ Best Time to Visit:

- Mar, June, Sept, Dec

■ Difficulty Level:

- Easy to Moderate—Perfect for beginners, families, adventure

➤ Trek Duration:

- 6 Days / 5 Nights

■ Altitude:

- 12,516 ft (3,815 m) approx.

➤ Trek Route:

- Haridwar/ Rishikesh → Joshimath → Gulling Camp → Kullara Camp → Kuari Pass Summit

KAURI PASS TREK

NAMASTE HIMALAYA
Activity Outdoors

NANDA
DEVI
21,250 ft

CHAUKHAMBA
21,910 ft

Dhak

Gulling

Khullara

Tali

Auli



--- Trekking route

— Road

 Water

— Camp

 Camp

 Peak

SHORT ITINERARY



DAY 1

Drive from Haridwar / Rishikesh To Joshimath

DAY 2

Trek from Joshimath To Gulling Camp

DAY 3

Trek from Gulling Camp To Khullara Camp.

DAY 4

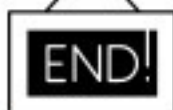
Trek from Khullara Camp To Kuari Pass Summit

DAY 5

Return To Summit To *Khullara Camp To Joshimat.*

DAY 6

Drive from *Joshimath To Haridwar / Rishikesh*



Day 1: Haridwar / Rishikesh To Joshimath



Trek Distance: Haridwar 270.7KM



Travel time: 10-11 hours by road

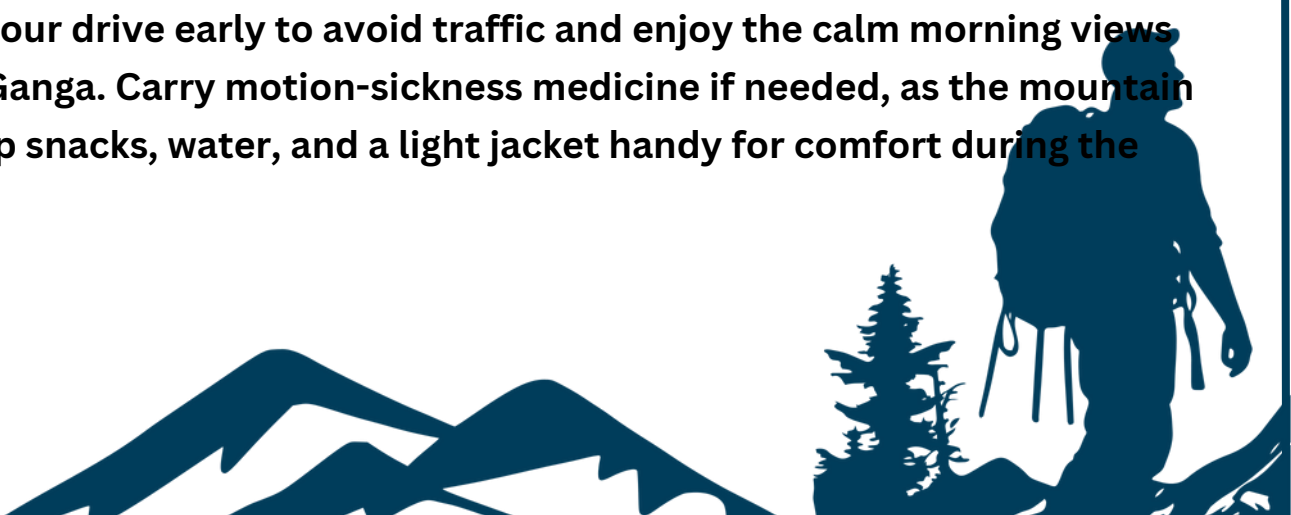


Altitude: 6,150ft



The trek will initiate from Joshimath, with onward travel to Tugasi Village, a distance spanning 10–12 kilometers. Subsequently, the trek will commence, leading to Gulling Camp, encompassing a distance of 5–7 kilometers and anticipated to require 4–6 hours. Overnight lodging will be arranged in tents.

Tip: Start your drive early to avoid traffic and enjoy the calm morning views along the Ganga. Carry motion-sickness medicine if needed, as the mountain roads. Keep snacks, water, and a light jacket handy for comfort during the journey.



Day 2: Joshimath To Gulling Camp



Trek Distance: 10-12KM



Travel time: 4-5 hours

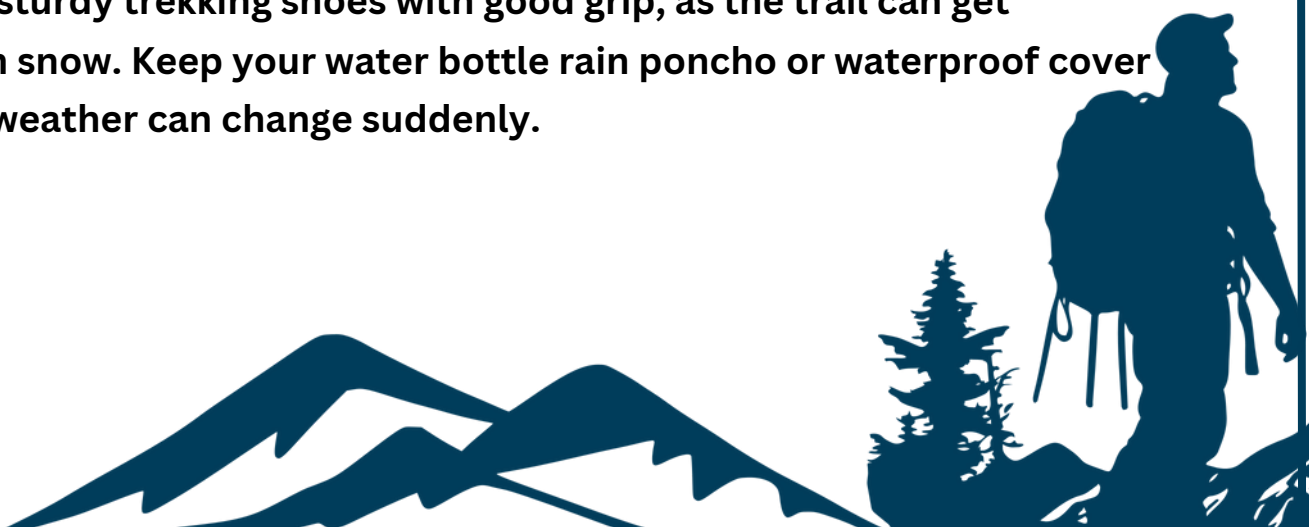


Altitude: 9,600 ft



The trek will initiate from Joshimath, with onward travel to Tugasi Village, a distance spanning 10-12 kilometers. Subsequently, the trek will commence, leading to Gulling Camp, encompassing a distance of 5-7 kilometers and anticipated to require 4-6 hours. Overnight lodging will be arranged in tents.

Tip: Wear sturdy trekking shoes with good grip, as the trail can get slippery in snow. Keep your water bottle rain poncho or waterproof cover ready, as weather can change suddenly.



Day 3: Gulling Camp To Khullara Camp



Trek Distance: 5-8 km



Trek Duration: 6-7 hours



Altitude: 10,823 to 11,122 ft



The approximately 5–8 kilometer trek from Gulling camp to Khullara camp is estimated to take 4–6 hours, providing scenic views of oak and rhododendron forests, in addition to the Himalayas; overnight camping will be at Khullara.

Tip: Wear comfortable trekking shoes with good grip for the gradual ascent.



Day 4: Kuari Pass Summit



Trek Distance: 13km



Travel time: 8–9 hours

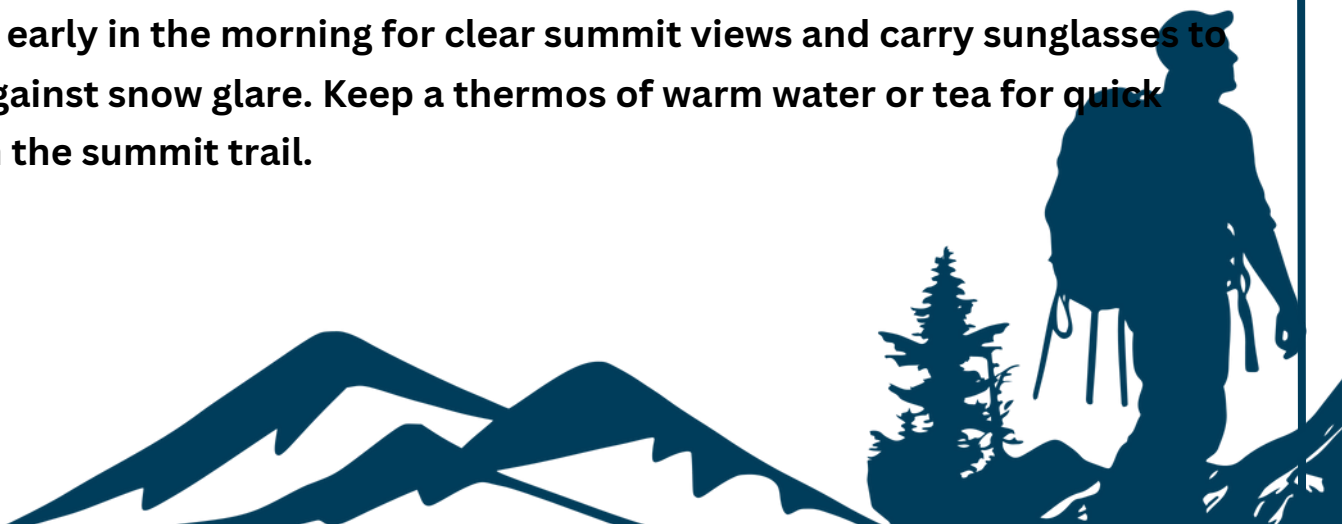


Altitude: 12,500 ft



The ascent from Khullara to Kuari Pass, representing the summit day at an elevation of 3,650–3,900 meters, will involve traversing Jhandi Top and Khullara Top. The subsequent descent back to Khullara or Tali camp will span a distance of 10–12 kilometers and is anticipated to require approximately 7–9 hours.

Tip : Start early in the morning for clear summit views and carry sunglasses to protect against snow glare. Keep a thermos of warm water or tea for quick energy on the summit trail.



Day 5: Khullara Camp To Joshimath



Trek Distance: 16.4Km



Travel time: 1 hour

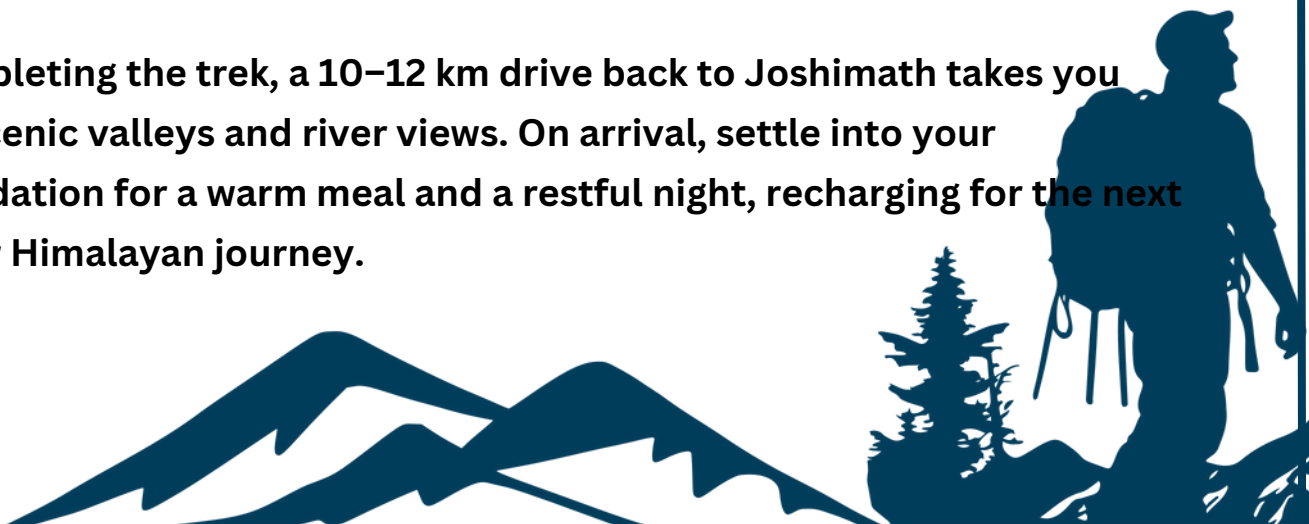


Altitude: 10,823 to 11,122 ft



Upon reaching Dhak or Karchi village, your trekking adventure begins with a 9–10 km trail that winds through lush forests, charming mountain hamlets, and serene meadows offering panoramic views of the Himalayan peaks. The gradual ascent is both refreshing and rewarding, letting you experience the calm beauty of nature and the crisp mountain air along the way.

After completing the trek, a 10–12 km drive back to Joshimath takes you through scenic valleys and river views. On arrival, settle into your accommodation for a warm meal and a restful night, recharging for the next leg of your Himalayan journey.



Day 6: Joshimath To Haridwar / Rishikesh



Trek Distance: 270.7Km



Travel time: 10-11 hours

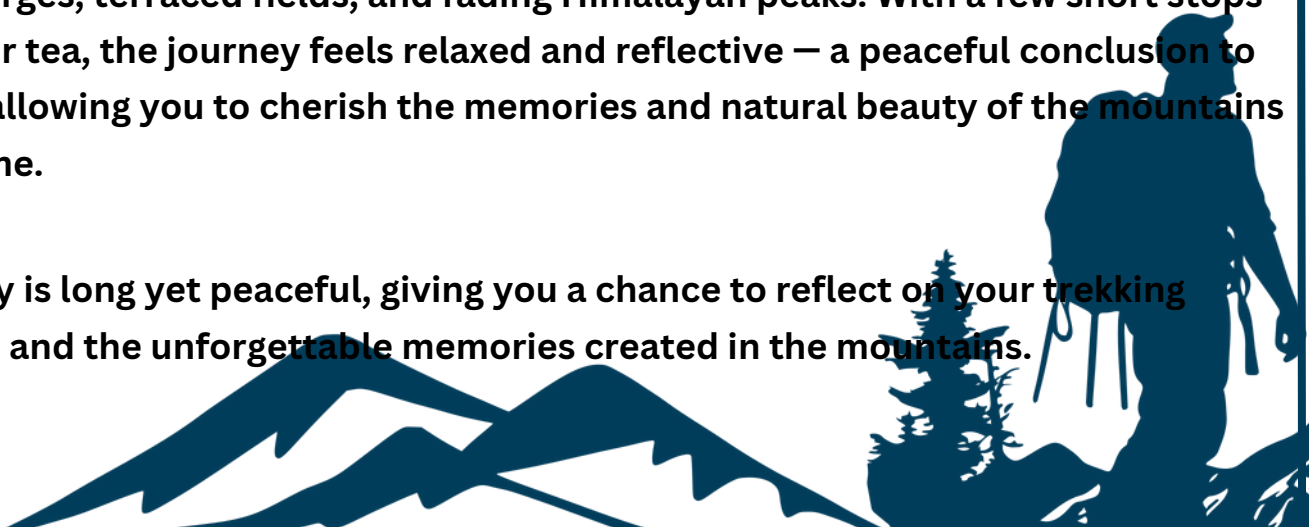


Altitude: 1,030 ft



The return journey from Joshimath to Haridwar or Rishikesh is a long yet scenic drive of about 10–11 hours, passing through the serene valleys and along the Alaknanda River. As you descend, you'll cross picturesque hill towns like Karnaprayag, Rudraprayag, and Devprayag, each known for its sacred river confluences and cultural charm. The winding mountain roads offer mesmerizing views of gorges, terraced fields, and fading Himalayan peaks. With a few short stops for meals or tea, the journey feels relaxed and reflective — a peaceful conclusion to your trek, allowing you to cherish the memories and natural beauty of the mountains one last time.

The journey is long yet peaceful, giving you a chance to reflect on your trekking experience and the unforgettable memories created in the mountains.



INCLUSION

- Accommodation during the trek in guesthouses and camps on quard sharing basis.
- All vegetarian meals from Day 1 dinner to Day 6 breakfast.
- Morning tea, evening snacks during camping nights.
- Services of an experienced trek leader, certified guide, and support staff.
- Forest permits, entry fees, and all necessary trekking permissions.
- Kitchen, dining, and toilet tent arrangements during the trek.
- First-aid medical kit with oxygen cylinder for emergencies.
- Transportation from Rishikesh/ Haridwar to Trek and back to Rishikesh/Haridwar.

EXCLUSION

- Personal expenses (laundry, phone calls, tips, etc.).
- Any meals during transit (Haridwar/Rishikesh to Joshimath).
- Travel insurance, personal trekking gear, and equipment rental.
- Emergency evacuation, medical expenses, or expenses arising due to natural calamities, roadblocks, or strikes.
- Anything not specifically mentioned under “Inclusions.”





Packing Guide

Clothing

- 2-3 quick-dry t-shirts & 2 trekking pants
- 1 fleece jacket + 1 padded/down jacket
- Thermals (top & bottom), warm socks, woolen cap & gloves
- Raincoat / poncho

Footwear

- Trekking shoes (ankle support)
- Lightweight slippers (camp use)

Essentials

- Sunglasses, torch/headlamp, trekking pole
- Water bottles (2L) / hydration pack
- Lip balm, sunscreen, moisturizer

Personal Care

- Wet wipes, sanitizer, basic toiletries
- Toilet paper & sanitary items

Medical & Snacks

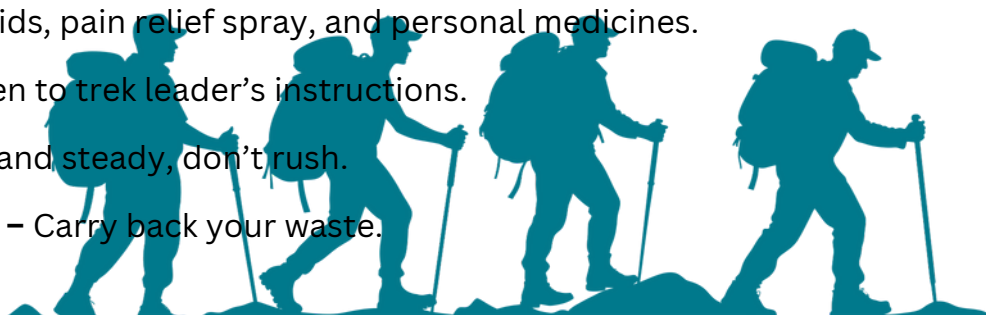
- Personal medicines & basic first aid
- Energy bars, chocolates, dry fruits
- Govt. ID proof



Why Choose Us

- 
- **Experienced Team** – Our certified trek leaders and local guides ensure a safe and well-managed journey.
 - **Safety First** – We follow strict safety protocols, carry medical kits, oxygen cylinders, and provide proper acclimatization.
 - **All-Inclusive Packages** – No hidden costs. From meals to stays, we take care of everything so you can focus on the adventure.
 - **Comfortable Stays & Hygienic Food** – Enjoy cozy accommodations and freshly prepared, nutritious meals throughout your trek.
 - **Local Expertise** – We work closely with local communities, ensuring authentic experiences while supporting sustainable tourism.
 - **24/7 Assistance** – From planning to completion, our support team is always available to assist you.
 - **Eco-Friendly Approach** – We follow a strict ‘Leave No Trace’ policy to preserve nature’s beauty for future generations.

Trek Prep & Safety Tips

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- **Fitness First** – Do basic cardio and stretching before the trek.
 - **Hydrate Well** – Carry a water bottle and keep sipping.
 - **Layer Up** – Pack light but warm layers for changing weather.
 - **Trekking Shoes** – Good grip shoes are a must.
 - **First Aid Kit** – Keep band-aids, pain relief spray, and personal medicines.
 - **Follow Guide** – Always listen to trek leader’s instructions.
 - **Pace Yourself** – Walk slow and steady, don’t rush.
 - **Keep the Mountains Clean** – Carry back your waste.



Points to Note

- **Additional Charges:** Any hike in transport, local union fees, government charges, or accommodation costs beyond our control will be borne by the participant.
- **Itinerary Changes:** We are not liable for itinerary modifications due to landslides, roadblocks, transport cancellations, or weather-related issues. Any extra expenses incurred will be the participant's responsibility.
- **Tax Revisions:** The package cost is based on current tax rates. Any changes or increases in tax by the Government of India will be chargeable to the client.
- **Emergency Assistance:** Support will be provided in case of emergencies like natural disasters or unexpected events, but related costs will be borne by the participant.
- **Trekking & Travel Duration:** The mentioned trekking and driving times are estimates and may vary depending on halts, trail conditions, and weather.
- **Personal Valuables:** Refrain from carrying expensive personal items. Safe storage or lockers are not guaranteed during the trek.

Risk and Liabilities

- **Natural Calamities & Unforeseen Events:** The Namaste Himalaya will not be held responsible for any delays, cancellations, injuries, or mishaps arising due to natural calamities, sudden weather changes, transport failures, strikes, theft, or government-imposed restrictions.
- **Additional Expenses:** Any extra costs incurred due to such situations (e.g., extra stay, alternate transport) will be the sole responsibility of the participant.
- **Personal Belongings:** We are not liable for any loss, theft, or damage of personal items during the trek or travel.

Legal

Terms and Conditions, Payment Policy, Cancellation Policy

[CLICK HERE](#)

PAY EASY

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Brhmatal Trek



Thank You for Choosing Us

Embark on an unforgettable adventure with us. If you have any queries or need assistance, feel free to reach out.



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See you on the trek